



# Womens day 2024 resource pack

## Women of words





# Women of words International Women's Day

The first International Women's Day (IWD) was held in March 1911.

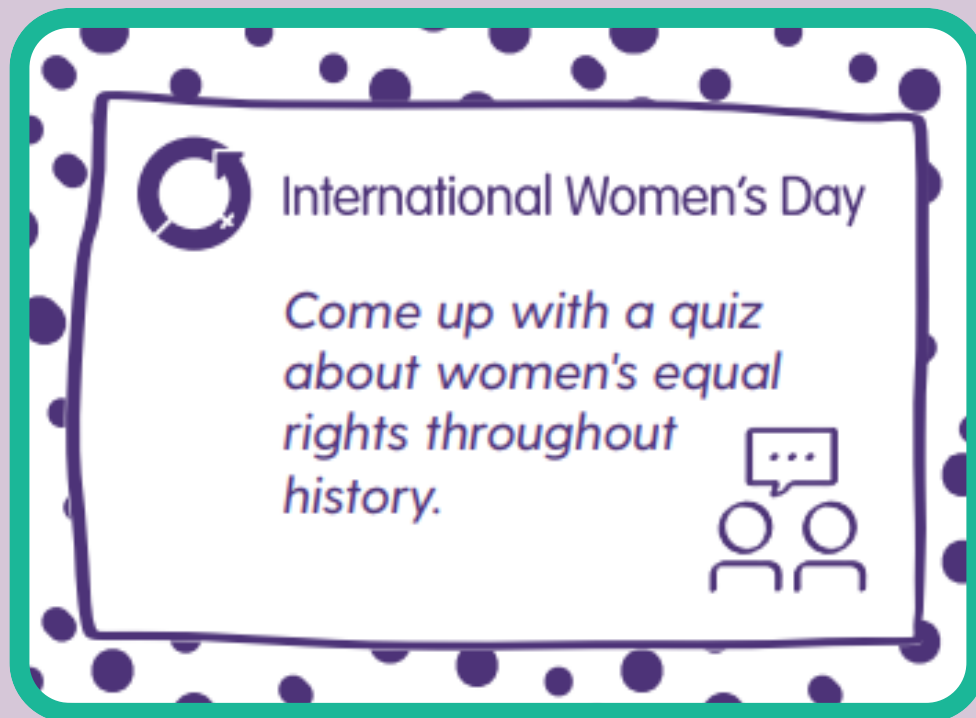
IWD is a day of collective global activism and celebration that belongs to all those committed to forging women's equality.

Motherwell Cheshire holds their annual Women's day celebration every year for IWD, our chosen theme for this year is 'Women of words'.

This resource pack is designed for schools and teachers to provide activities relating to our theme 'Women of words', to encourage young people to think about Women's equality and it's importance.



# Breaking the ice



International Women's day is about raising awareness for Women's rights and equality.

Women and girls make up over half of the population in the United Kingdom, yet the topic of equality can often be unspoken about.

A quiz about Women's equal rights throughout history can help break the ice on the topic, and give students some facts to think about.



# Group classroom activities

These activities are great starting points for conversations surrounding Women's equality, and are a good way to get the class sharing their ideas as a group.



This activity will help to establish understanding of inequality, and can help young people to gain an understanding of gender bias and inclusion.

This is also a great opportunity for young people to learn the difference between equality, equity, and the removal of barriers, and their importance.

Historically Women's job roles have been limited by societal standards and norms, and even today some jobs are still considered to be 'not for Women'.

Try thinking about the ways that women have made a living both throughout history to the modern day, and explore Women's jobs in different cultures



The inequality and barriers that face Women and girls on a daily basis can often go unseen, be ignored, or be disregarded entirely.

This conversation can help raise awareness of inequality and can help to build mutual understanding of the issues that Women encounter.

# Inspirational Women

These activities can be done independently or in groups, and can help to Inspire young people with Women role models, while challenging gender stereotypes.



Leadership roles are traditionally thought of as male roles in our society, this is a great opportunity to talk about Women leaders from around the world.

Can the group think of more Men or Women who are leaders?

What do we think the reasons are behind this?

Inequality can be shown in our language, and this is often done unintentionally—positive characteristics used more often to describe men like being strong or outspoken can be seen as negative in Women, or not be attributed to them at all.

This is a good opportunity to challenge gender bias by discussing qualities seen in Women leaders.



Inspirational Women are all around us, this is a great opportunity to discuss Women role models, and why they inspire us.

This could be a public figure, a friend, or a family member.





# Inspirational Women examples


Inspiring women in science - Inspiring women in medicine - Inspiring women in business - **Inspiring women activists** - Inspiring women in education - Inspiring women in film - Inspiring women in the arts - Inspiring women in history




**Greta Thunberg**



Inspiring women in science - Inspiring women in medicine - Inspiring women in business - **Inspiring women in politics** - Inspiring women in education - Inspiring women in film - Inspiring women in the arts - Inspiring women in history



**Nancy Astor**




Inspiring women in science - Inspiring women in medicine - Inspiring women in business - **Inspiring women in sport** - Inspiring women in education - Inspiring women in film - Inspiring women in the arts - Inspiring women in history




**Gemma Fay**



Inspiring women in science - Inspiring women in medicine - Inspiring women in business - **Inspiring women authors** - Inspiring women in education - Inspiring women in film - Inspiring women in the arts - Inspiring women in history



**Beatrix Potter**




Inspiring women in science - Inspiring women in medicine - Inspiring women in business - **Inspiring women in music** - Inspiring women in education - Inspiring women in film - Inspiring women in the arts - Inspiring women in history




**Aretha Franklin**



Inspiring women in science - Inspiring women in medicine - Inspiring women in business - **Inspiring women in STEM** - Inspiring women in education - Inspiring women in film - Inspiring women in the arts - Inspiring women in history



**Tu Youyou**





# Further activities

These activities make great ideas for independent classroom work or homework ideas. These activities give young people the opportunity to independently think about the importance of IWD and focus on what inspires them.



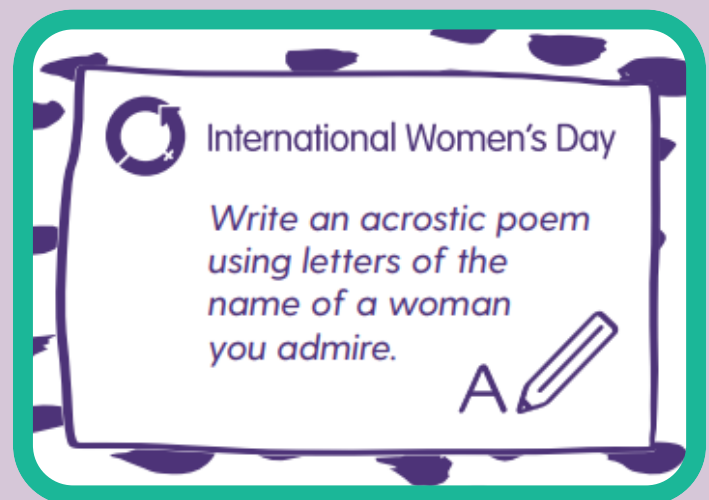
Students can interview someone who inspires them, this could be a teacher, Mum, Nan, Auntie, or a friend to learn more about them, they might hear stories they have never heard.

Examples of interview questions could be:

- What is the biggest challenge you have overcome?
- What motivates you?
- What strengths do you think you have?

Acrostic poems are a great way to get creative with writing, the students can use a name of any woman that they admire, and create lines of the poem beginning with the letters within their name.

To make this extra challenging try using their first and last name.



Women's day is a great opportunity to think about self-empowerment, writing a letter to your future self is a great way to self reflect, focus on your opportunities and congratulate yourself for the challenges you have overcome so far.

Think of this as a written time capsule that you could open in a set ammount of time in the future- it could be 1 year or 10 years!





If you want to learn more about  
Inspire please visit our website:

[www.inspire-motherwell.co.uk/](http://www.inspire-motherwell.co.uk/)

Or follow us on Instagram:  
[@inspirecheshire](https://www.instagram.com/inspirecheshire)

To learn more about International  
Women's day visit:

[www.internationalwomensday.com/](http://www.internationalwomensday.com/)

